

Pre-Operative Instructions for Periodontal & Implant Surgery

1. Current Medication

DO NOT take any aspirin seven (7) days prior to the surgical procedure. If you feel you need to take aspirin during this time, please discuss this with your physician.

If you are taking any prescription or alternative (herbal) medicine, check with your physician before surgery if you can continue to take these as normal.

If you are taking blood-thinning medication i.e. Coumadin, Warfarin or Plavix check with your physician on when to stop and resume the medication.

2. Chlorhexidine Rinse

Rinse with chlorhexidine 1-2 days prior to and the morning of the surgery as directed.

3. Antibiotics

One hour PRIOR to your surgical appointment, start your antibiotic if directed. If pre-med is indicated, please follow your customary regimen i.e. 1 hour prior to appointment for Amoxicillin or Clindamycin.

4. Smoking

NO SMOKING within 1 day of surgical appointment. If you can't stop smoking, try to limit smoking until the sutures are removed.

5. Eating Before Surgery

Eat lightly more than an hour prior to the surgery. Do not come in hungry. Try to eat a starch or sugar such as cereal, bread, muffins or fruit.

6. Alcohol and Driving

DO NOT DRIVE OR CONSUME ALCOHOL while taking any sedative or pain-relieving medication for a minimum of 12 hours after last dosage.

7. Recovery Preparation

Have an icepack and soft foods ready at home.

If you have any questions relating to your scheduled treatment, please contact the office.